

# SHSU CHARTER: December 2017

*As Prepared by The Healthy Lunch Box (281)444-8444*

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
<table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr> <th colspan="7" style="text-align: center;">Nov 2017</th> </tr> <tr> <th style="text-align: center;">M</th> <th style="text-align: center;">T</th> <th style="text-align: center;">W</th> <th style="text-align: center;">T</th> <th style="text-align: center;">F</th> <th style="text-align: center;">S</th> <th style="text-align: center;">S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> </tr> <tr> <td style="text-align: center;">6</td> <td style="text-align: center;">7</td> <td style="text-align: center;">8</td> <td style="text-align: center;">9</td> <td style="text-align: center;">10</td> <td style="text-align: center;">11</td> <td style="text-align: center;">12</td> </tr> <tr> <td style="text-align: center;">13</td> <td style="text-align: center;">14</td> <td style="text-align: center;">15</td> <td style="text-align: center;">16</td> <td style="text-align: center;">17</td> <td style="text-align: center;">18</td> <td style="text-align: center;">19</td> </tr> <tr> <td style="text-align: center;">20</td> <td style="text-align: center;">21</td> <td style="text-align: center;">22</td> <td style="text-align: center;">23</td> <td style="text-align: center;">24</td> <td style="text-align: center;">25</td> <td style="text-align: center;">26</td> </tr> <tr> <td style="text-align: center;">27</td> <td style="text-align: center;">28</td> <td style="text-align: center;">29</td> <td style="text-align: center;">30</td> <td></td> <td></td> <td></td> </tr> </tbody> </table> <table border="1" style="margin: auto; border-collapse: collapse;"> <thead> <tr> <th colspan="7" style="text-align: center;">Jan 2018</th> </tr> <tr> <th style="text-align: center;">M</th> <th style="text-align: center;">T</th> <th style="text-align: center;">W</th> <th style="text-align: center;">T</th> <th style="text-align: center;">F</th> <th style="text-align: center;">S</th> <th style="text-align: center;">S</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> <td style="text-align: center;">6</td> <td style="text-align: center;">7</td> </tr> <tr> <td style="text-align: center;">8</td> <td style="text-align: center;">9</td> <td style="text-align: center;">10</td> <td style="text-align: center;">11</td> <td style="text-align: center;">12</td> <td style="text-align: center;">13</td> <td style="text-align: center;">14</td> </tr> <tr> <td style="text-align: center;">15</td> <td style="text-align: center;">16</td> <td style="text-align: center;">17</td> <td style="text-align: center;">18</td> <td style="text-align: center;">19</td> <td style="text-align: center;">20</td> <td style="text-align: center;">21</td> </tr> <tr> <td style="text-align: center;">22</td> <td style="text-align: center;">23</td> <td style="text-align: center;">24</td> <td style="text-align: center;">25</td> <td style="text-align: center;">26</td> <td style="text-align: center;">27</td> <td style="text-align: center;">28</td> </tr> <tr> <td style="text-align: center;">29</td> <td style="text-align: center;">30</td> <td style="text-align: center;">31</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>				Nov 2017							M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				Jan 2018							M	T	W	T	F	S	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<p style="font-size: 2em; color: #800000;"><b>1</b></p> <p>L: Pizza Pocket, Baby Carrots, Romaine Salad, Ranch Dressing, 100% Juice, 1% or FF Milk</p>
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<p style="font-size: 2em; color: #800000;"><b>4</b></p> <p>L: Spaghetti w/Meatsauce, Sugar Snap Peas, Romaine Salad w/Italian Dressing, Fresh Orange Slices, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>5</b></p> <p>L: Chicken Nuggets, Mashed Potatoes w/Gravy, Green Beans, Wheat Roll, 100% Juice, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>6</b></p> <p>L: Taco Salad w/Beef, Pinto Beans, Cheese, Romaine Lettuce/Diced Tomatoes, Baked Tortilla Chips, Apple Slices, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>7</b></p> <p>L: Red Beans &amp; Rice w/Diced Chicken, Collard Greens, Cornbread, Banana, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>8</b></p> <p>L: All Beef Hot Dog, Mustard/Ketchup, Baby Carrots/ Cucumbers w/Ranch, 100% Juice, 1% or FF Milk</p>																																																																																																		
<p style="font-size: 2em; color: #800000;"><b>11</b></p> <p>L: Spaghetti &amp; Meatballs, Romaine Salad w/Ranch Dressing, Fresh Orange Slices, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>12</b></p> <p>L: Tangy Chicken Drumstick, Potatoes w/Cheese, Green Peas, Wheat Roll, 100% Juice, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>13</b></p> <p>L: King Ranch Chicken Casserole, Iceberg Lettuce Salad w/Ranch Dressing, Tomatoes, Wheat Roll, Apple Slices, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>14</b></p> <p>L: Creamy Chicken Mac, Green Beans, Diced Carrots, Banana, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>15</b></p> <p>L: Soft Beef Tacos, Mexican Rice, Diced Tomatoes, Pinto Beans, 100% Juice, 1% or FF Milk</p>																																																																																																		
<p style="font-size: 2em; color: #800000;"><b>18</b></p> <p>L: Chicken Breast(diced), Creamy Chicken Sauce, Curly Pasta, Romaine Salad w/Ranch Dressing, Carrots, Fresh Orange Slices, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>19</b></p> <p>L: Grilled Cheese Sandwich, Hamburger Veggie Soup, Corn Niblets, 100% Juice, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>20</b></p> <p>L: Chicken Nuggets, Broccoli Salad, Red Beans, Apple Slices, Chocolate Chip Cookie, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>21</b></p> <p>L: Soft Chicken Tacos, Diced Tomatoes/Ch. Cheese, Pinto Beans, Mexican Rice, Banana, 1% or FF Milk</p>	<p style="font-size: 2em; color: #800000;"><b>22</b></p> <p>L: Burger, Mustard/Ketchup, Tomatoe Slices, Roasted Red Potatoes, 100% Juice, 1% or FF Milk</p>																																																																																																		
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